Luke Giese

Lesson Plans

Week of 12-7-20

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| Day | 7th Grade Health/Physical Education | 6th Grade Physical Education | Personal Fitness |
| Monday | Ch.#18 Reproduction and Heredity Sec.#1 Endocrine System. Read, Notes, and Discussion as a class.  HW: 18-1 NTG Schoology | Warm Up  Colony Ball Unit  Review and Continue Game Play. | Warm up  Class made Individualized Workouts (Weight Room) |
| Tuesday | Ch.#18 Reproduction and Heredity Sec.#2 The Male Reproductive System. Read, Notes, and Discussion as a class.  HW: 18-2 NTG Schoology | Warm Up  Colony Ball Unit  Review and Continue Game Play. | Warm up  Class made Individualized Workouts (Weight Room) |
| Wednesday | Ch.#18 Reproduction and Heredity Sec.#3 The Female Reproductive System. Read, Notes, and Discussion as a class.  HW: 18-3 NTG Schoology | Warm Up  Colony Ball Unit  Review and Continue Game Play. | Warm up  Class made Individualized Workouts (Wrestling Room) |
| Thursday | Ch.#18 Reproduction and Heredity Review. Class work on the chapter review.  HW: Ch.#18 Review | Warm Up  Colony Ball Unit  Review and Continue Game Play. | Warm up  Class made Individualized Workouts (Weight Room) |
| Friday | Ch.#18 Reproduction and Heredity Assessment.  HW: Ch.#18 Test on Schoology | Warm Up  Colony Ball Unit  Review and Continue Game Play. | Cardio Day  Class Lead Jump Rope Cardio workout in wrestling room. |